

NAMASTE SENSEI

# TENSES

Class 1 Worksheet  
Solutions For Simple  
Past Tense



WWW.NAMASTESENSEI.IN

## **Simple past Tense Worksheet Class 1**

Before going directly into the Simple past tense worksheet for class 1, it might be a good idea first to understand **What is Simple Past Tense in brief?**

### **Simple past Tense**



The simple past tense is a verb tense that we used to discuss actions or events that happened at a specific time in the past. It has called “simple” because it’s one of the most basic verb tenses, and it’s used very frequently in everyday conversation.

To form the simple past tense, we usually add “-ed” to the base form of regular verbs. For example:

- walk → walked
- play → played
- talk → talked

However, some verbs are irregular, which means that they do not follow this pattern. For example:

- eat → ate
- go → went
- have → had

To use the simple past tense, you need to think about when the action or event happened. For example:

- “Yesterday, I played with my friend.” (The action happened yesterday.)
- “Last summer, we went to the beach.” (The event happened last summer.)

We often use time expressions like “yesterday,” “last week,” or “two years ago” to show when the action or event happened.

## Sentence Formation

Here are some examples of how to form sentences in the simple past tense:

1. Affirmative sentence (positive statement):  
**Subject + verb in simple past tense + object**

**Example:**

- I played soccer yesterday.

In this sentence, “I” is the subject, “played” is the verb in the simple past tense, and “soccer” is the object. The sentence formation in simple past tense is: “Subject (I) + verb in simple past tense (played) + object (soccer).”

2. Negative sentence (negative statement):  
**Subject + did not (didn't) + base form of verb + object**

**Example:**

- I did not eat breakfast this morning.

In this sentence, “I” is the subject, “didn’t eat” is the negative form of the verb in the simple past tense, and “breakfast” is the object. The sentence formation in simple past tense is: “Subject (I) + did not (didn’t) + base form of verb (eat) + object (breakfast).”

3. Interrogative sentence (question):  
**Did + subject + base form of verb + object?**

**Example:**

- Did you see the new movie last weekend?

In this sentence, “you” is the subject, “did see” is the question form of the verb in the simple past tense, and “the new movie” is the object. The sentence formation in simple past tense is: “Did + subject (you) + base form of verb (see) + object (the new movie)?”

Now let's move on to the **Simple past tense exercise for grade 1**. We have also provided printable worksheets, you can download them also for your personal use.

# Simple past Tense Worksheet For Class 1 Questions

## 1. Fill in the blanks with the correct form of the verb in the simple past tense:

### Simple Past Tense



Name: \_\_\_\_\_ Class: 1st

**Remember:** Tense can be either PAST, PRESENT or FUTURE.

**Fill in the blanks with the correct form of the verb in the simple past tense:**

- Yesterday, I \_\_\_\_\_ (play) with my friends.  
\_\_\_\_\_
- Yesterday, I played (play) with my friends.  
\_\_\_\_\_
- She \_\_\_\_\_ (watch) a movie last night.  
\_\_\_\_\_
- We \_\_\_\_\_ (eat) pizza for dinner.  
\_\_\_\_\_
- He \_\_\_\_\_ (read) a book before bedtime.  
\_\_\_\_\_
- They \_\_\_\_\_ (go) to the park on Saturday.  
\_\_\_\_\_
- I \_\_\_\_\_ (clean) my room yesterday.  
\_\_\_\_\_
- She \_\_\_\_\_ (dance) at the party last weekend.  
\_\_\_\_\_
- We \_\_\_\_\_ (visit) our grandparents last month.  
\_\_\_\_\_
- He \_\_\_\_\_ (sing) a song in the talent show.  
\_\_\_\_\_

- Yesterday, I \_\_\_\_\_ (play) with my friends.
- She \_\_\_\_\_ (watch) a movie last night.
- We \_\_\_\_\_ (eat) pizza for dinner.
- He \_\_\_\_\_ (read) a book before bedtime.
- They \_\_\_\_\_ (go) to the park on Saturday.
- I \_\_\_\_\_ (clean) my room yesterday.
- She \_\_\_\_\_ (dance) at the party last weekend.
- We \_\_\_\_\_ (visit) our grandparents last month.
- He \_\_\_\_\_ (sing) a song in the talent show.
- They \_\_\_\_\_ (play) soccer after school yesterday.

Namaste Sensei

## 2. Rewrite the following sentences in the simple past tense:

### SIMPLE PRESENT TENSE

Name: \_\_\_\_\_ Class: 1st



Rewrite the following sentences in the simple past tense.

I play with my toys every day. -->

---

She walks to school in the morning. -->

---

We eat breakfast together as a family. -->

---

He reads a book before bedtime. -->

---

They go to the beach every summer. -->

---



**NAMASTE SENSEI**

LETS LEARN IN AN EASY WAY!

- I play with my toys every day. -->  
\_\_\_\_\_
- She walks to school in the morning. -->  
\_\_\_\_\_
- We eat breakfast together as a family. -->  
\_\_\_\_\_
- He reads a book before bedtime. -->  
\_\_\_\_\_
- They go to the beach every summer. -->  
\_\_\_\_\_

**3. Write three sentences in simple past tense about something you did yesterday.**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**4. Circle the correct verb in the simple past tense in the following sentences:**

- Yesterday, I (played, play) with my friends.
- She (watched, watch) a movie last night.
- We (ate, eat) pizza for dinner.
- He (read, reads) a book before bedtime.
- They (went, go) to the park on Saturday.

# Simple Past Tense Worksheet For Class 1

## Solutions

### 1. Fill in the blanks with the correct form of the verb in the simple past tense:

- Yesterday, I **played** (play) with my friends.
- She **watched** (watch) a movie last night.
- We **ate** (eat) pizza for dinner.
- He **read** (read) a book before bedtime.
- They **went** (go) to the park on Saturday.
- I **cleaned** (clean) my room yesterday.
- She **danced** (dance) at the party last weekend.
- We **visited** (visit) our grandparents last month.
- He **sang** (sing) a song in the talent show.
- They **played** (play) soccer after school yesterday.

#### Explanation:

In the above sentences, students are given a verb in its base form (infinitive), and they must correctly form the verb in simple past tense based on the subject (I, she, we, he, they) and the context of the sentence.

**For example**, in the first sentence, “play” is the infinitive, and since the subject is “I” and the sentence is in past tense (“Yesterday”), the correct form of the verb is “played.”

### 2. Rewrite the following sentences in the simple past tense:

- I play with my toys every day. --> **I played with my toys yesterday.**
- She walks to school in the morning. --> **She walked to school this morning.**
- We eat breakfast together as a family. --> **We ate breakfast together this morning.**
- He reads a book before bedtime. --> **He read a book before bedtime.**



- They go to the beach every summer. --> **They went to the beach last summer.**

**Explanation:**

In the above section, students are given a sentence in present tense and must rewrite it in simple past tense based on the context of the sentence.

**For example**, in the first sentence, “play” is in the present tense, so we must change it to “played” to match the past tense of “yesterday.”

### **3. Write three sentences in simple past tense about something you did yesterday.**

**Example answers:**

- I went to the park with my family yesterday.
- I watched a movie with my friends yesterday evening.
- I had pizza for dinner yesterday.

**Explanation:**

In this section, students must come up with three original sentences in simple past tense based on something they did yesterday. This is a good way to encourage students to think about their own lives and experiences while practicing the simple past tense.

### **4. Circle the correct verb in the simple past tense in the following sentences:**

- Yesterday, I (played, play) with my friends. **played**
- She (watched, watch) a movie last night. **watched**
- We (ate, eat) pizza for dinner. **ate**
- He (read, reads) a book before bedtime. **read**
- They (went, go) to the park on Saturday. **went**

**Explanation:**

In this section, we give students a sentence with two verb options, one in base form and one in simple past tense, and they must circle the correct verb in simple past tense based on the context of the sentence.

**For example**, in the first sentence, the correct verb in simple past tense is “played” because the sentence is in past tense (“Yesterday”) and the subject is “I.”

Namaste Sensei